



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Hywel Dda  
Hywel Dda University  
Health Board

***Gwasanaeth Nyrsio Ysgolion***  
***School Health Nursing Service***

Ein cyf/Our ref:  
Gofynnwch am/Please ask for: **Vicky Copper**  
Rhif Ffôn /Telephone: **07816125108 or 01267 227478**  
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***Old Wing Nurses Homes***  
***Glangwili Hospital***  
***Dolgwili Road***  
***Carmarthenshire***  
***SA31 2AF***

**CYFARWYDDIAETH IECHYD PLANT A PHOBL IFANC**  
**CHILD AND ADOLESCENT HEALTH DIRECTORATE**

**Date: 8<sup>th</sup> December 2021**

Dear Parent/Guardian,

The School Health Nurse Vicky Copper will be coming into school on Thursday 16<sup>th</sup> December 2021 to talk to Year 6 pupils about the emotional and physical changes that happen during puberty.

If you do not want your child to attend this session, please inform the Headteacher.

Yours sincerely,

Vicky Copper  
School Health Nurse

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Pencadlys Bwrdd Iechyd Prifysgol Hywel Dda  
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Cadeirydd / Chairman  
**Mr Chris Martin**  
Prif Weithredwr /Chief Executive  
**Yr Athro/Professor Trevor Purt**

Bwrdd Iechyd Prifysgol Hywel Dda yw enw gweithredol Bwrdd Iechyd Lleol Prifysgol Hywel Dda  
Hywel Dda University Health Board is the operational name of Hywel Dda University Local Health Board

Mae Bwrdd Iechyd Prifysgol Hywel Dda yn amgylchedd di-fwg Hywel Dda University Health Board operates a smoke free environment